



Entertainment Holiday Pack



FOR A

GROWTH MINDSET



Big Life Journal



10

GROWTH MINDSET

HOLIDAY FAMILY MOVIES

MOVIES & TV

- 1 Elliot the Littlest Reindeer (PG)
- 2 Frozen (PG)
- 3 Shalom Sesame: The Missing Menorah (NR)
- 4 Curious George: A Very Monkey Christmas (NR)
- 5 Trolls Holiday (PG)
- 6 KT and Me: A Kwanzaa Family Special (NR)
- 7 Rudolph the Red-Nosed Reindeer (G)
- 8 A Charlie Brown Christmas (NR)
- 9 Jingle Jangle: A Christmas Journey (PG)
- 10 Clifford's Puppy Days: The Big, Big Present/Hanukkah Plunder Blunder (NR)

You might also be interested in...

[Top 75 Growth Mindset Movies for Children](#)

Big Life Journal

Copyright by Big Life Journal - biglifejournal.com

TOP 30 KINDNESS AND FRIENDSHIP MOVIES FOR FAMILIES

- 1 Trolls (2016), PG
- 2 The Fox and the Hound (1981), G
- 3 Taare Zameen Par, (2007), PG (Stars on Earth-Hindi language)
- 4 Homeward Bound (1993), G
- 5 Wonder (2017), PG
- 6 The BFG (2016), PG
- 7 Fly Away Home (1996), PG
- 8 Charlotte's Web (2006), G
- 9 Lilo & Stitch (2002), PG
- 10 Up (2009), PG
- 11 ET (2009), PG
- 12 Big Hero 6 (2014), PG
- 13 Babe (1995), G
- 14 Because of Winn Dixie (2005), (PG)
- 15 Finding Dory (2016), PG
- 16 Ponyo (2008), G
- 17 The Iron Giant (1999), PG
- 18 How to Train Your Dragon (Trilogy) (2010), PG
- 19 Akeelah and the Bee (2006), PG
- 20 Kiki's Delivery Service (1989), G
- 21 Meet the Robinsons (2007), G
- 22 Zootopia (2016), PG
- 23 Paddington (2015), PG
- 24 Kindness Is Contagious (2014), NR
- 25 The Peanuts Movie (2015), G
- 26 My Neighbor Totoro (1990), G
- 27 Shrek (2001), PG
- 28 A Little Princess (1997), NR
- 29 The Kid Who Would Be King (2019), PG
- 30 Batkid Begins (2015), PG

TOP MOVIES ABOUT CHANGE, GROWTH AND EDUCATION FOR CHILDREN

TOP 15 MOVIES ABOUT CHANGE AND GROWTH

- | | |
|---------------------------------------------------------|---------------------------------------------------------|
| <input type="checkbox"/> 1 Inside Out (PG) | <input type="checkbox"/> 9 Toy Story (G) |
| <input type="checkbox"/> 2 Happy Feet (PG) | <input type="checkbox"/> 10 Coco (PG) |
| <input type="checkbox"/> 3 Finding Nemo (PG) | <input type="checkbox"/> 11 The Good Dinosaur (PG) |
| <input type="checkbox"/> 4 The Secret Life of Pets (PG) | <input type="checkbox"/> 12 Zootopia (PG) |
| <input type="checkbox"/> 5 The Karate Kid (PG) | <input type="checkbox"/> 13 Up (PG) |
| <input type="checkbox"/> 6 Big Hero 6 (PG) | <input type="checkbox"/> 14 Kiki's Delivery Service (G) |
| <input type="checkbox"/> 7 Piper (G) | <input type="checkbox"/> 15 Queen of Katwe (PG) |
| <input type="checkbox"/> 8 Brave (PG) | |

TOP 15 EDUCATIONAL MOVIES

- | | |
|----------------------------------------------------------------|--------------------------------------------------------|
| <input type="checkbox"/> 1 Bethany Hamilton: Unstoppable (PG) | <input type="checkbox"/> 9 Mad Hot Ballroom (PG) |
| <input type="checkbox"/> 2 Dream Big (Documentary) | <input type="checkbox"/> 10 Paper Clips (G) |
| <input type="checkbox"/> 3 Born to Be Wild (G) | <input type="checkbox"/> 11 I Am Eleven (Biography) |
| <input type="checkbox"/> 4 A Plastic Ocean (TV-14) | <input type="checkbox"/> 12 Jane (PG) |
| <input type="checkbox"/> 5 Pick of the Litter (PG) | <input type="checkbox"/> 13 Spellbound (G) |
| <input type="checkbox"/> 6 Wings of Life (G) | <input type="checkbox"/> 14 Ghost of the Mountains (G) |
| <input type="checkbox"/> 7 Girls Rock! (Documentary) | <input type="checkbox"/> 15 Paper Plane (Not Rated) |
| <input type="checkbox"/> 8 The Mitchells vs. the Machines (PG) | |

TOP MOVIES ABOUT RESILIENCE

35

AND PERSEVERANCE

- 1 Akeelah and the Bee (PG)
- 2 Moana (PG)
- 3 Trolls (PG)
- 4 Brave (PG)
- 5 Penguin Bloom (TV-14)
- 6 Wonder (PG)
- 7 Stick Man (NR)
- 8 Piper (G)
- 9 March of the Penguins (G)
- 10 Star Wars: Episode VIII-The Last Jedi (PG-13)
- 11 Homeward Bound: The Incredible Journey (G)
- 12 Ratatouille (G)
- 13 Monsters University (G)
- 14 Soul Surfer (PG)
- 15 Meet the Robinsons (G)
- 16 Mulan (G)
- 17 Raya and the Last Dragon (PG)
- 18 A Reindeer's Journey (NR)
- 19 Coco (PG)
- 20 Maiden (PG)
- 21 Up (PG)
- 22 Ruby Bridges (PG)
- 23 Charlotte's Web (G)
- 24 My Octopus Teacher (G)
- 25 Pursuit of Happyness (PG-13)
- 26 Kiki's Delivery Service (G)
- 27 Kubo and the Two Strings (PG)
- 28 Harry Potter and the Sorcerer's Stone (PG)
- 29 Jingle Jangle: A Christmas Journey (PG)
- 30 October Sky (PG)
- 31 Leap! (PG)
- 32 Hoot (PG)
- 33 Elliot the Littlest Reindeer (PG)
- 34 McFarland, USA (PG)
- 35 The Boy Who Harnessed the Wind (PG)



TOP
40

GROWTH MINDSET

PODCASTS

FOR CHILDREN *AND* ADULTS



KIDS

- 1. Big Life Kids
- 2. Wow in the World
- 3. Peace Out
- 4. Story Time
- 5. What If World
- 6. But Why?
- 7. Brains On!
- 8. Short & Curly
- 9. Dream Big Podcast
- 10. Storynory
- 11. Five Minutes with Dad
- 12. Rebel Girls
- 13. Circle Round
- 14. Sparkle Stories
- 15. Story Pirates
- 16. Be Calm on Ahway Island

TEENS

- 17. Part-time Genius
- 18. BrainStuff
- 19. Dear Hank & John
- 20. Ted Talks Kids & Family
- 21. The Teen Life Coach Podcast
- 22. MentalMusic

- 23. It's a Teen Thing
- 24. The Stuff of Life
- 25. Mostly Mindful for Teens and Tweens

PARENTING

- 26. Raising Lifelong Learners
- 27. Calm Parenting Podcast
- 28. The Modern Dads
- 29. Spawned
- 30. Zen Parenting Radio
- 31. The Read-Aloud Revival
- 32. Tilt Parenting
- 33. Parenting Beyond Discipline
- 34. Parenting Great Kids
- 35. Maggie Dent
- 36. Janet Landsbury Unruffled
- 37. The Mindful Kind
- 38. Everyday Motherhood
- 39. Dear Anger
- 40. The Better Behavior Show with Dr. Nicole Beurkens

Big Life Journal

Special Holiday Gifts

With a Big Purpose

Over a million children around the world are using
Big Life Journals with great success!

★★★★★

"I've been struggling with work lately and my son comes up to me and tells me "You know mommy, like the Big life Journal says, mistakes make you grow, so it's going to be okay"! Just a week into his journal and I see how it has already changed his mindset!"

- V. Ramos



SHOP AGES 6-10



SHOP AGES 11+

★★★★★

"My 12-year-old son has been tearing through this journal! It sparks up great conversations, and it's so good to see him put things down in drawings and writing that he might not otherwise share with us."

- Heather C.



Gift these special journals to children in your life and see them become more CONFIDENT, RESILIENT, and SELF-LOVING!

biglifejournal.com

Terms of use

The word of mouth is our biggest reward, so please feel free to send this printable to friends, teachers, parents, colleagues, and anyone else who might benefit from this.

Feel free to print copies and distribute them during events, in your classroom, at school auctions, school newsletters, or other meetings.

Selling Big Life Journal resources is not permitted. Please do not embed or link to this resource on your or someone else's site (you can share on social media). Please do not recreate or copy our work. Thank you!

If you're interested in using these resources in your professional practice (as a therapist, coach, etc.) please reach out to support@biglifejournal.com to obtain a professional license.

Please email hello@biglifejournal.com to request a specific use for our printables.

With gratitude,
Big Life Journal team