

**Learning
Differences**

**Anxiety &
Depression**

**1 in 5 kids has a
learning difference (LD).**

LDs affect a student's ability to receive, process and/or communicate information, including emotions.

LD kids also face stigma, self-doubt, shame and struggles in school.

1/3 of LD kids also have ADHD.

40% of LD kids also have a mental health condition like anxiety or depression.





ADHD

**Anxiety &
Depression**

Up to 30% of students with ADHD also have a learning difference.

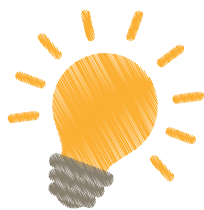
Inattention, impulsivity and hyperactivity compound stigma, self-doubt, shame and struggles in school.

Over 60% of people with ADHD also have a mental health condition like anxiety or depression.

CHC can help.

Evaluations, therapy and free parent consultations.

Schools for kids with learning, emotional and behavioral challenges. Free classes, support groups, workshops and conferences. Reach out today.



chconline.org

650.688.3625