



YOU MATTER!

Need support?

THE WAY TEACHERS FEEL AFTER THEY HELP YOU!

Need someone to talk to?



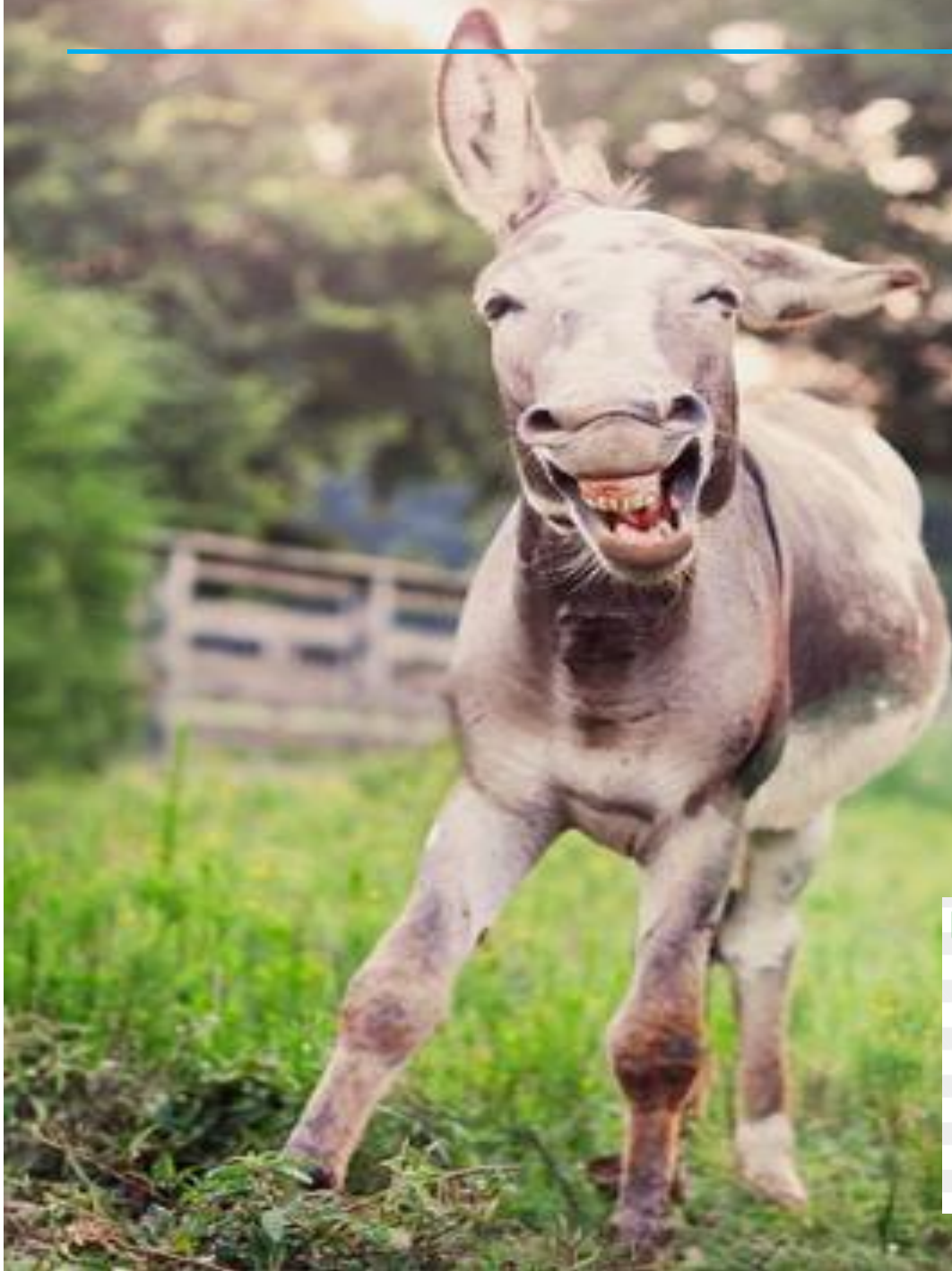


**WHEN YOU NEED A
HAND!**

Looking for help?



HOW IT FEELS TO SPEAK UP, AND HELP SOMEONE IN NEED Need to report?



NATIONAL
SUICIDE
PREVENTION
LIFELINE
1-800-273-TALK (8255)
suicidepreventionlifeline.org

A purple and blue awareness ribbon, symbolizing mental health and suicide prevention.



STOP! WE CARE ABOUT YOU!
Need to talk?



**SPEAK UP! IF YOU SEE
SOMETHING DO
SOMETHING**
Know someone in need?



**FEELING SAD, OR
ALONE?**

We got you!

**DOES IT SEEM LIKE THERE
IS JUST TOO MUCH? ARE
YOU FEELING
OVERWHELMED?**

WE CAN HELP!





**WHEN YOU TRY AND PUT ON A
BRAVE FACE...
WE CAN HELP!**
