



# How Your Philanthropy Makes a Difference

Fiscal Year 2024





# How Your Philanthropy Makes a Difference

Fiscal Year 2024

CHC supports young people with learning differences and mental health challenges in their journey towards becoming happy, healthy and resilient individuals. During 2022-2023, CHC saw a 32% increase in admissions to the Catherine T. Harvey Center for Clinical Services—a sign that more youth are accessing care. It also signals that demand for mental health services continues to rise. As needs continue to grow, philanthropic support helps CHC respond swiftly and remove financial barriers to ensure all families can access care. **During 2023-2024, CHC has a fundraising goal of \$4M.**

## EQUITY & ACCESS - \$2.2M

### FINANCIAL ASSISTANCE SUPPORT

- **Teen and Young Adult Mental Health - \$1M:** This year's expected financial aid need for clinical services is \$1M. Financial assistance is available for all teen and young adult therapy services, including Cognitive Behavior Therapy, Dialectical Behavior Therapy (DBT), DBT Skills Groups, and psychiatry, on a sliding scale.
- **Sand Hill School Tuition Assistance - \$400k:** Sand Hill School (SHS) offers an exemplary intervention program that prepares students in grades 2-8 with language-based learning differences for a successful transition to more mainstream schools. SHS is dedicated to building a diverse and vibrant learning community and tuition assistance plays a critical role. 32% of students will receive financial aid this year, with the average award of \$30,000.

### OPERATIONAL SUPPORT

- **CHC Ravenswood - \$800k:** Philanthropically funded program providing no-cost therapy, consultation, case management and psychoeducation services to Ravenswood youth and families through CHC's East Palo Alto clinic and in partnership with Ravenswood schools and community organizations. Impacting 500 individuals each year.





## NEW AND INNOVATIVE PROGRAMMING - \$800K

EMPOWERING EDUCATORS - \$1.5M OVER THE NEXT 3-YEARS (\$500K DURING FY24)

- **Educator Initiative (new!):** CHC is leveraging our expertise as a best-in-class mental health and learning differences service provider to launch an Educator Initiative centered on empowering educators in K-12 school districts nationwide to build inclusive, engaging and culturally relevant learning environments for students with learning and mental health challenges, with a focus on equity and access.

## TRAINING THE NEXT GENERATION OF CLINICIANS - \$300K

- **Ravenswood Wellness Partnership (RWP) Training Consortium Practicum Program in Psychology** is in its second year training bilingual child psychologists/therapists in community-based mental health. The first cohort of three practicum students were able to provide 1,392 hours to the community, including 464 direct services hours to East Palo Alto youth and families.



## COMMUNITY ENGAGEMENT AND PARTNERSHIPS - \$1M

- **School/District Partnerships:** Increasing collaboration and support for school communities by responding to emerging or urgent needs, hosting parent education events and support groups, and providing resources and tools for educators. Partner schools/districts include Palo Alto Unified School District, Ravenswood City School District, Menlo Park City School District, Sequoia Union High School District, Los Altos School District, and numerous independent schools. CHC is in the process of exploring partnerships with 25 schools/districts in Santa Clara County.
- **Collaboratives:** CHC's collaboratives, including the Leadership Collaborative, School Counselor Group and Learning Specialist Collaborative continue to grow to foster collaboration, increase coordination and meet the community's needs. This year's expansion includes creating space for youth collaboratives across the community to come together and collaborate for collective action and impact.
- **Free Parent/Community Education and Resources:** One of CHC's most impactful offerings is responding to the community's greatest mental health and learning differences needs through podcasts, educational events, and the online Resource Library, often serving as a catalyst for families to access support for their children.



## THANK YOU!

Your contributions help improve outcomes for children, teens and young adults with learning differences and mental health challenges. Thank you for believing in CHC and helping more youth and families connect to care.



**Children's Health Council**

650 Clark Way Palo Alto, CA 94304

[chconline.org/giving](http://chconline.org/giving) | [advancement@chconline.org](mailto:advancement@chconline.org) | 650-617-3825